

CBI Consultants: Multi-Level Training Positive Behaviour Support

Who We Are

CBI Consultants has been providing person centered inclusive practices in British Columbia since 1990. We are committed to full inclusion for persons with disabilities. In 1992 we published a research paper outlining our person centered positive practices (The Lifestyle Development Process (LDP), Journal of the Association for Persons with Severe Handicaps). We have provided training and technical assistance to more than 5,000 family members, school personnel, and community living personnel throughout the province of British Columbia. CBI Consultants has been providing Positive Behavioural Support to persons with disabilities for more than 20 years.

CBI Consultants developed a comprehensive training and technical assistance center to build capacity within home, school and community settings to implement and maintain positive behavioural support strategies. Positive Behaviour Support (PBS) is an approach that blends values about the rights of people with and without disabilities with a practical science about how learning and behavior change occur. PBS is a set of research-based strategies used to increase quality of life and decrease problem behavior by teaching new skills and making changes in a person's environment.

Multi-Level Training

CBI's Training and Technical Assistance model combines state of the art online training and consulting capabilities with practical evidence based strategies to improve the lives of people with challenging behaviour. Our online training and technical assistance is being accessed by families, schools and community agencies worldwide. CBI Consultants is pleased to offer multi-level training on Positive Behaviour Support to our community partners throughout British Columbia. CBI offers multiple training options that can be customized to the unique needs of individual agencies and regions.



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Level 1: Training on Positive Behavioural Support

Level 1 Introductory training on Positive Behaviour Support is designed for parents, community supports and school team members. Partnerships and collaboration are an essential feature of Positive Behaviour Support and CBI's level 1 training. This introductory training is very detailed and provides the groundwork for families and team members to develop and implement comprehensive positive behavioural support plans and strategies in home, school and community environments. There are five sessions or modules in Level I-Introductory Training Positive Behaviour Support.

Who Should Participate:



Families



**Community
Supports**



Management



**School
Teams**

Level 2: Customized Training Positive Behaviour Support

Level 2 training builds on the strategies developed in Level 1 training. CBI is able to customize ongoing online training for each team based on the unique strengths, needs and learning style of the focus person with challenging behaviour. Level 2 training is designed to create PBS team leaders within your organization.

Who Should Participate:



Families



**Community
Supports**



Management



**School
Teams**

Level 3: Online Consulting and Support

Ongoing consultation and training is available from CBI Consultants to help your team problem solve case specific issues and positive behavioural support strategies. We are able to ensure that your team has access to ongoing training and support in positive behavioural support best practices and links to the most current positive behavioural support research centers. This ongoing consultation can be delivered in multiple formats (online support, web based conferences, online bulletin boards and direct face to face consultation and training).

Who Should Participate:



Families



**Community
Supports**



Management



**School
Teams**



Level 4: Systems Change Strategies

Level 4 training is designed for broader systems such as School Districts, Governmental Ministries and Agencies. This training is designed for senior organizational members to create internal training, tracking and implementation strategies to truly embed the evidence based practices of positive behavioural support in the lives of people with challenging behaviour and to create a culture of positive person centered practices focused on the quality of life of the person and their families.

Who Should Participate:



Management

Level 1: Introductory Training on Positive Behaviour Support

Level 1 Introductory training on Positive Behaviour Support is designed for all members of an organization including parents and board members. This introductory training is very detailed and provides the groundwork for your entire organization to develop a person centered positive behaviour support culture. This introductory training is step-by-step and practical giving, parents, board members and implementation teams a solid understanding of the processes and practices involved in Positive Behaviour Support. There are five sessions or modules in Level I-Introductory Training Positive Behaviour Support.

Level 1: Course Content

Module 1: Introduction to Positive Behaviour Support and Functional Behaviour Assessment

Module 1 sets the stage for the Positive Behavioural Support and Lifestyle Development Process. Module one introduces PBS as an approach that blends the values and rights of people with and without disabilities with a practical science of how learning and behaviour change occur. Learners are introduced to a set of research based strategies designed to improve quality of life and decrease problem behaviour by teaching new skills and making changes to the person's environment. The learner is taken through the entire Functional Behaviour Assessment process.



Module 2: Setting Event Support Strategies

Module 2 introduces the concept of changing or offsetting the events/circumstances in an individual's life that influence the likelihood of the behaviours occurring. This module takes learners through the three types of setting events: physiological or biological, physical or environmental and social or interpersonal and the proactive strategies to effectively work with each type of setting event.

Module 3: Antecedent Support Strategies

Module 3 takes a detailed look at the events and actions that occur before the behaviour and directly influence the likelihood that the behaviour will occur. Learners are introduced to the concepts of scheduling, choice making and interactions style as behaviour support strategies.

Module 4: Teaching Replacement Behaviours

Module 4 focuses on practical evidence based strategies that teach functional alternatives to challenging behaviour. Specific cases studies and procedural steps are included throughout this module to take the learner through real life examples commonly encountered in the field.

Module 5: Consequence Strategies

Module 5 looks at actions and events that occur after the behaviour that influence the likelihood of the behaviour occurring again. This module provides practical approaches to address the following: what to do when the desired behaviour occurs; and what to do when the challenging behaviour occurs.