



DEVELOPED BY ELIZABETH A.
LAUGESON & FRED FRANKEL

PEERS®

SOCIAL SKILLS PROGRAM FOR TEENAGERS

An evidence-based social skills program designed to help neurodivergent* teens, ages 13 to 18, ***make and keep friends***

WHAT IS PEERS?



A 16-week parent/caregiver-assisted program based out of [UCLA](#) that focuses on social skill development for teenagers with friendship difficulties.



The involvement of parents/caregivers is an integral component of the program as it involves the generalization of what is taught during the sessions into their homes, schools and community.



The program includes separate parent/caregiver and teen sessions, facilitated by PEERS certified trainers, that meet at the same time for 90 minutes each week.



There will be handouts and weekly homework assignments.



WHAT WILL THE TEENS LEARN?




- ✓ Having conversations; entering and exiting conversations
- ✓ Using electronic forms of communication (text, email, etc.)
- ✓ Appropriate use of humour
- ✓ Choosing appropriate friends
- ✓ Handling teasing, bullying and other forms of social rejection
- ✓ Handling arguments and disagreements with friends
- ✓ Having appropriate get-togethers including how to be a good host, good sport and dating



*autism spectrum disorder (ASD), attention deficit/hyperactivity disorder (ADHD), anxiety, depression, and other socio-emotional problems

START DATE: October/November 2021
TIME: 7:00 – 8:30 PM
LOCATION: Online via Zoom
COST: \$1,749.00 + GST
Please contact the Autism Funding Unit (AFU) to determine eligibility for funding

REGISTER NOW!

 (778) 988-2052
 peers@cbiconsultants.com
 www.cbiconsultants.com/peers